

DATE: \_\_\_\_\_

# MY TIME CAPSULE

ALL THE LATEST NEWS

## ABOUT ME

My name is \_\_\_\_\_.

I am \_\_\_\_\_ years old. I am in \_\_\_\_\_ grade. I weigh \_\_\_\_\_ and I am \_\_\_\_\_ tall.

I play the \_\_\_\_\_. (instrument) I can be described as \_\_\_\_\_.

My normal day looks like \_\_\_\_\_

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## MY FAVORITE THINGS

Activity \_\_\_\_\_ Book \_\_\_\_\_

Song \_\_\_\_\_ Movie \_\_\_\_\_

Vacation place \_\_\_\_\_ Toy \_\_\_\_\_

## \_\_\_\_\_ YEARS FROM TODAY

It will be \_\_\_\_\_. I will be \_\_\_\_\_ years old.

I'm looking forward to \_\_\_\_\_.

I'd tell my future self \_\_\_\_\_.

## MY \_\_\_\_\_ YEAR GOALS

I want to be better at \_\_\_\_\_

I want to be stronger doing \_\_\_\_\_

I'd like to know how to \_\_\_\_\_

I'd love to have \_\_\_\_\_

I'd like to be known for \_\_\_\_\_

I want to be a better \_\_\_\_\_

## MY \_\_\_\_\_ YEAR FAMILY GOALS:

In \_\_\_\_\_ years, I want Mom and Dad to have \_\_\_\_\_.

I'd like my family to \_\_\_\_\_ in \_\_\_\_\_ years.